

Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death



A baby dies—
are you prepared?

- Acquire the skills needed to provide gold-standard bereavement care.
- Learn evidence-based bereavement best practices.
- Reduce healthcare disparities while supporting diverse grieving populations.
- Learn strategies to care for yourself and support your colleagues.

Live, Virtual Training



Resolve Through Sharing®

BEREAVEMENT EDUCATION SINCE 1981

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Live, virtual training

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A baby dies

Do you feel comfortable caring for families when a baby dies? Do you have the confidence to support yourself and your colleagues who share this responsibility? Research shows that caring for dying patients and their loved ones is one of the most anxiety-producing aspects of a care provider's practice. RTS can help. Following RTS bereavement training, more than 95% of attendees surveyed report feeling more comfortable providing bereavement care.

RTS bereavement training helps you comply with The Joint Commission standards for end-of-life care (PC.02.02.13) and other regulatory standards.

Training focus

This 2-day course focuses on caring for families experiencing perinatal loss (e.g., miscarriage, stillbirth, prenatal life-limiting diagnoses, newborn death).

Objectives

Participants completing this training are able to do the following:

- discuss the role of interprofessional teams in caring for bereaved parents and families
- list three theoretical frameworks that promote relationship-based bereavement support
- define relationship-based practice
- discuss meaning-making and offering keepsake options using a Guided Participation approach
- describe how mindful practice through ritual supports bereaved families and staff
- discuss why board-certified chaplains are integral to an interprofessional bereavement approach
- model protecting, nurturing, and socializing when supporting bereaved parents
- describe the importance of follow-up support as a component of a bereavement standard of care
- list three self-care strategies for caregivers
- describe person-centered care through a diversity, equity, inclusion, and anti-racism lens
- define “perinatal palliative care”

Who should attend?

This training is designed for professionals who routinely interact with, provide care for, and support families experiencing perinatal loss.

Specialty

- Nursing
- Spiritual care
- Social work
- Midwifery
- Medicine
- Child life
- Genetic counseling
- Doula support
- Medical assistance
- Ultrasonography
- Technician support

Field

- Labor and delivery
- Postpartum and antepartum
- Perinatal mental health
- Maternal-fetal medicine
- Emergency medical services
- Same-day surgery
- Neonatal intensive care
- Family medicine
- Fertility
- Obstetrics
- Public health

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Agenda (Central Time)

Day 1

8:00 a.m. (morning session includes breaks as needed e.g., 5, 10, 15 minutes)

- Foundational relationship-based concepts and theories
- Grief and bereavement
- Diversity, equity, and inclusion

12:00 p.m.

- Lunch

1:00 p.m. (afternoon session includes breaks as needed e.g., 5, 10, 15 minutes)

- Relational communication strategies
- Relationship-based perinatal loss care
- Family story

4:30 p.m.

- Adjourn

Day 2

8:00 a.m. (morning session includes breaks as needed e.g., 5, 10, 15 minutes)

- Unique aspects of supporting parents, loved ones, and friends grieving perinatal loss
- Meaning-making
- Perinatal mental health

12:00 p.m.

- Lunch

1:00 p.m. (afternoon session includes breaks as needed e.g., 5, 10, 15 minutes)

- Follow-up
- Self-care

4:00 p.m.

- Adjourn

Pre-Course Requirements

RTS online education must be completed prior to attending the live training (cost included in training registration fee). Registration confirmation includes instructions for accessing the modules.

Course Materials

Course materials will be available on the RTS learning management system.

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Continuing Education Credits

Nursing Contact Hours

This nursing continuing professional development activity was approved by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. No one in control of content has relevant relationships with ineligible companies. Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death provides 13.25 contact hours.

Social Work Continuing Education Hours

Gundersen Lutheran Medical Foundation Inc., provider #1089, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/14/2021–11/14/2024.

Social workers completing Resolve Through Sharing (RTS) Bereavement Training: Perinatal Death will receive 13.25 continuing education credits. **RTS bereavement training is appropriate for all levels of social work.**

Additional Information

To receive continuing education (CE) credit, nurses and social workers must be present for each full day of training (no partial credit will be given). CE certificates for the live, virtual portion of the training are available upon completion of the evaluation. Continuing education credits for pre-course requirements are awarded separately.

Presenters and planners have an employment relationship with Gundersen Lutheran Medical Foundation, Inc. We are a provider of the program, but we do not endorse any commercial products in conjunction with the program. Off-label use of any products will not be discussed. Presenters will vary. See registration page for details.

Other Credits

Chaplains may apply for continuing education credit through the Association for Professional Chaplains (APC). Other disciplines may request an electronic certificate of completion from the RTS National Office.

RTS bereavement trainings help meet the thanatology-related contact hour requirement to be certified by the Association for Death Education and Counseling (ADEC).

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REGISTRATION FEES

Awards CE credits for nurses and social workers	\$700
Awards no CE credits	15% off*

*Enter code **noCE** at checkout.

Pricing includes bereavement modules, live, virtual training, course materials, resource manual, certificate of completion, and continuing education credits (where indicated).

Group discounts: Prior to registering, contact rts@gundersenhealth.org with questions regarding group rates.

Payment: Registration fee payment can be made by Visa, MasterCard, American Express, or Discover.

Transfers: Learners can self-transfer to a different training date at any time prior to their enrolled course date.

Cancellation policy: We offer a full refund minus a \$75 administrative fee for each canceled registration. Cancellations must be made 48 hours (i.e., 2 business days) in advance of the training in order to receive a refund.

Accommodations: If you have questions or concerns about this course, or require assistance or special accommodations, please contact us at rts@gundersenhealth.org. In accordance with the Americans with Disabilities Act, Gundersen Medical Foundation seeks to make this training accessible to all. If you have a disability that might require special accommodations, please contact us at rts@gundersenhealth.org.

Contact: If you have questions or grievances, please contact us at (608) 775-4747 or rts@gundersenhealth.org.

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Resolve Through Sharing

Resolve Through Sharing (RTS) is a not-for-profit program of the Gundersen Medical Foundation. RTS provides thought leadership and an evidence-based, yet compassion-first, approach to bereavement care.

When RTS was founded in 1981 as a perinatal bereavement program, it identified a critical element of bereavement care: relationship between a care provider and the bereaved family. An interprofessional team came together to form the planning committee and helped develop the first training. All were committed to establishing perinatal bereavement processes that were centered on the patient's and family's experience and supported by a standard of care.

Today, RTS offers bereavement education in perinatal, neonatal, pediatric, and adult death as well as Coordinator Training to allow RTS professionals to train their own staff. RTS is a national and international leader in bereavement education and research.

To view the complete RTS Bereavement Training Calendar, visit ResolveThroughSharing.org

Join the 60,000+ who have attended RTS Training!

“This was an amazingly informative and powerfully moving course. I would recommend RTS to every person who cares for these patients...it is eye-opening to think of all the ways we can standardize and better our care for them.”

“One of the most beneficial conferences I have been to. The topic of ‘hope’ and what families hope for in situations surrounding death brought a new perspective to my thoughts on death. I will definitely be incorporating this into my care. Thank you.”

“This course was life changing for my career and my private life.”

“This was the best fully online training I have ever participated in.”

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